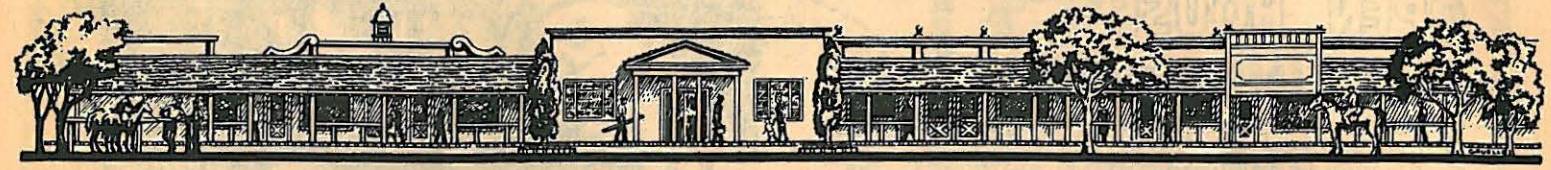


TOWN and COUNTRY NEWS*

10¢

445-3133

SERVING ALPINE, EAST EL CAJON, JAMUL, LAKESIDE, AND THE MOUNTAIN EMPIRE



Oct. 20, 1966, Ninth Year, No. 40
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P. O. Box 8 Alpine,
2nd class postage paid at Alpine, Calif.

SUSIE OFTEDAHL, ESCORTED BY PAT BAKER, WAS CROWNED HOMECOMING QUEEN OF EL CAPITAN HIGH SCHOOL LAST FRIDAY AT THE HOMECOMING GAME.

(Staff Photo)

OPEN HOUSE

By RUTH FULLER

I'VE ALWAYS CLAIMED that if you wait long enough you can outlive any fashion oddity you dislike and things will get back to normal — that is, back to the way you like them. Skirts, for instance. I do not like them short and so I am suffering right now, but I'd be willing to wager any amount that all those things which are hanging in my closet because they're unfashionably long will someday be ready to put back on again when the trend is down. Skirts are bad enough, but lipstick shades have really been bothering me.

I'VE STUCK PRETTY much to my own favorite shade until recently when I used up the last of my supply and I said to myself, "I will just stop off and pick up a re-fill on my way to work." I took along the empty case and presented it without a qualm to the gorgeous blonde behind the counter — incidentally, to digress — why are all blondes gorgeous? A law of nature, perhaps, or do they (idle speculation) owe it all to bleaches and dyes? This one recoiled with obvious loathing from my proffered container — you'd have thought it was a poisonous serpent. She gazed at me with horror and she said, "But Madame, no one, absolutely NO ONE is wearing RED this season! Do let me show you some of our better colors — the newer shades — Frosted Spanish Gold, or Beige Gossamer — there is Stained Glass and Mocha or would you perhaps care for Sunflower?"

I AM EASILY intimidated so I murmured apologies and thrust my miserably out-dated unfashionable cosmetic back into my purse and crept miserably out of the store with my face averted so no one would see my unpardonably red lipstick color. But then I got to thinking. Just what is wrong with red? Why (and I quote from some of the way-out fashion magazines) is "an overcoat of pistachio green cooling to a soft beige flash tone" preferable to a natural red? "An undercoat of tan makes dusky cocoa," and "sun yellow toner lends an iridescent glow." I don't want sun yellow lips? If you're suffering from jaundice, that is a different matter. "Experiment with white pearl," says the magazine — "be an artist!" White pearl lips would convince the innocent bystander that the wearer was about to give up the ghost! Remember Robert Herrick's famous lines:

Some asked me where the rubies grew?
And nothing did I say,
But with my finger pointed to
The lips of Julia!

AND I ASK you, who are we to argue with Robert Herrick? He liked red. Then there was Shakespeare. "Thy lips, those kissing cherries, tempting grow." That's from *Midsommer Night's Dream*. And in *Richard III* he said, "Their lips were four red roses on a stalk, which in their summer beauty kiss'd each other." One last quote from Robert Greene, and if you don't know who Robert Greene was, shame on you. He said, "Her lips are roses overwashed with dew." And I don't think he meant yellow roses, either.

LAST WEEK I happened to thumb through three current magazines and in each of them appeared an ad which made me cheer loudly and I am clipping the ad to flourish in front of my gorgeous blonde clerk. What did the ad say? I quote once more: "Now they're here! The NEW REDS!! Dazzling as real reds should be. . . ." You see, all you have to do is wait!



THE PLAYER (NO. 22) IS RICK BLANCHARD FROM GROSSMONT COLLEGE. HE IS A HALFBACK AND HE GAINED 140 YARDS IN 30 CARRIES IN A RECENT GAME.
(Staff Photo)

TRY SAN DIEGO COUNTY FIRST



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Women's
Poor Boy
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SAVE on FAMOUS
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Wellington
boots
REGULARLY 15.99

SAVE \$10
\$6 pair



WOLVERINE

VALUABLE COUPON



LADIES'
ACRYLIC SHELLS

S-M-L
SAVE \$1.00

Good 'Til October 23

Prices Effective 'Til October 23

Church News

BIBLE BREAD CRUMBS

By Ed Whitford, pastor, Tecate Mission

"But I say to you, do not resist him who is evil; but whoever slaps you on your right cheek, turn to him the other also."

Matthew 5:39 (NASB)

Have you tried turning the other cheek lately? Christ didn't tell us to do it because it was difficult, but because it works. It makes our enemies our friends.



THIS IS MRS. BILLIE QUIGGINS WHO WAS ELECTED NATIONAL VICE PRESIDENT OF THE 3-DAY TAU PSI NATIONAL SORORITY CONVENTION AT THE SHERATON BEACH INN, HUNTINGTON BEACH. BILLIE QUIGGINS IS PRESIDENT OF SAN DIEGO'S PHI BETA CHAPTER.

LAKESIDE CHRISTIAN

Several Halloween parties are planned for the various young people's groups. The Jet Cadets, and the Senior High group are two who have parties planned.

The monthly ladies meeting has been changed from Thursday to Tuesday.

ican Lutheran Church will be held in Minneapolis.

SANTEE COMMUNITY

The regular message will be brought by Rev. Craig Meyer.

Mr. and Mrs. Robert Acup of this church welcomed a new baby boy at El Cajon Valley Hospital. The name of the young man is Michael.

COMMUNITY METHODIST CHAPEL OF THE HILLS

A service of consecration will be held in the new sanctuary of this church on Sunday, Oct. 23, at 3 p.m. Speaker for the event will be Dr. Russell Robinson, superintendent of the San Diego District.

Of special interest to residents will be the fact that many of the ministers who have served at this church will be in attendance at the special invitation of the present pastor, Ernest W. Meier.

The morning service will be held as usual with Rev. Lee Truman as guest speaker.

Everyone is invited to the services at the Chapel of the Hills and they are especially invited to this service of consecration.

SEVENTH-DAY ADVENTIST

Pastor Robert H. Cowan invites everyone who is not a member of the Seventh-Day Adventist Church to attend a special Bible Class conducted each Saturday morning. It is taught by the Pastor and is held during the Sabbath School hour at 9:30 a.m. The worship hour follows at 11 a.m.

Services are held in the Lakeside Community Presbyterian Church, 9908 Channel Rd. each Saturday. The community of Lakeside is invited to attend.

FIRST BAPTIST OF THE WILLOWS

Sunday morning the pastor will speak on the subject "A Worthy Vocation." At the 7:30 evening service the subject will be, "The Man Who became a Rock."

Wednesday will be the mid-week service and Thursday is the monthly meeting of the Woman's Missionary Society at the church.

Friday at 6:30 p.m. will be the monthly family night with a pot-luck dinner. The public is invited to all services.

CARLETON HILLS LUTHERAN

Sunday, Oct. 30 is Confirmation Sunday and also a Sunday when new members are received. Anyone interested in joining the congregation through a letter of transfer, please contact Pastor Johnson at once.

On October 19 through 25 the Biennial Convention of the Amer-

ST. LOUISE DE MARILLAC

Father Dollen is conducting two workshops for librarians in parochial schools. The first is in San Bernardino and the second is at University High School in San Diego on Saturday, Oct. 22nd.

Father John Baer talked to the Holy Name Society about his recent travels in Russia, Hungary and Poland. The men of the Holy Name Society have finished installing the new pews in the church.

ALPINE COMMUNITY

The first family dinner of the season will be Oct. 21st in Fuller Hall at 6:30 p.m. The ladies of the Church Guild will prepare the meat. Please bring table service, a dessert, a salad or vegetable to pass. Dinner will be followed by an organ recital at about 8 by Mr. Snyder, an accomplished organist.

First United PRESBYTERIAN CHURCH

FARRAGUT CIRCLE AT PRESCOTT EL CAJON

Morning Worship and Church School, 9:00 MORNING WORSHIP 10:30

The Rev. Clarence Shackelford

Pastor 442-2583 Nursery Care Provided

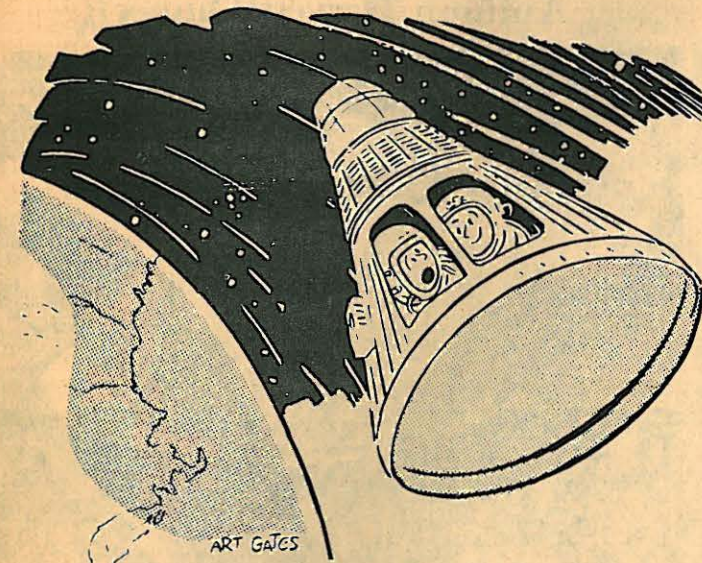
For a warm and unique Christian experience —

Worship at... Tecate Mission

Tecate Road Tecate, Calif.

You are Welcome Sunday Worship 10 a.m. Prayer Time Wednesday 7 p.m.

ED WHITFORD, Pastor 'The Bible on the Border'



"For Pete's sake will you stop saying 'good morning' and 'nighty night' to me!"

WHAT'S DOING?



'GROWING PAINS!'

The El Cajon Valley continues its steady pace in growth, as evidenced by the increase in telephones, through September of this year.

1,168 new services have been added since January 1966, realizing a new high of 30,416 telephone subscribers in the valley.

All of the communities have contributed to this gain as you may note below:

% Increase	Community	Jan. 66	Sept. 66	Actual Gain
105%	Alpine	1,568	1,650	82
108%	Campo	327	352	25
104%	El Cajon	16,896	17,583	687
106%	Jacumba	215	229	14
104%	Lakeside	2,977	3,093	116
105%	Pine Valley	259	272	13
103%	Santee	7,006	7,237	231
104%	Total	29,248	30,416	1,168

With freeway development underway, we can surely anticipate further activity throughout the valley. It will be interesting to note the communities that will realize the highest per cent gain. We will keep you posted from time to time.

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Alfalfa and Grain Pellets ALFALFA HAY and OAT HAY

FREE DELIVERY

in Lakeside, Santee & El Cajon on Mondays Hwy 80, Alpine, Dehesa, on Thursday

Orders must be in before 9:00 A.M.

We Specialize in Efficient Courteous Service



When you're going out for the evening, here are a few suggestions that may help both you and the babysitter relax. Write down the names of the places you're going, the phone numbers, and the approximate times you'll be there. Have emergency numbers, including the family doctor's, written down also. Then—having taken these precautions, a night out can be more pleasurable.

Mark the date—November 8. (That's just an early reminder that voting day's not too far away.)

If you're planning to move, remember—you can stop your phone service here and start it there—anywhere in the Bell System—with one simple call to your Service Representative. Call her at our Business Office and she'll handle all the arrangements, whether you're moving across town or across the country. Hope our Easy Move Plan really does help make your move a little easier.



Pacific Telephone

E. B. McKenzie

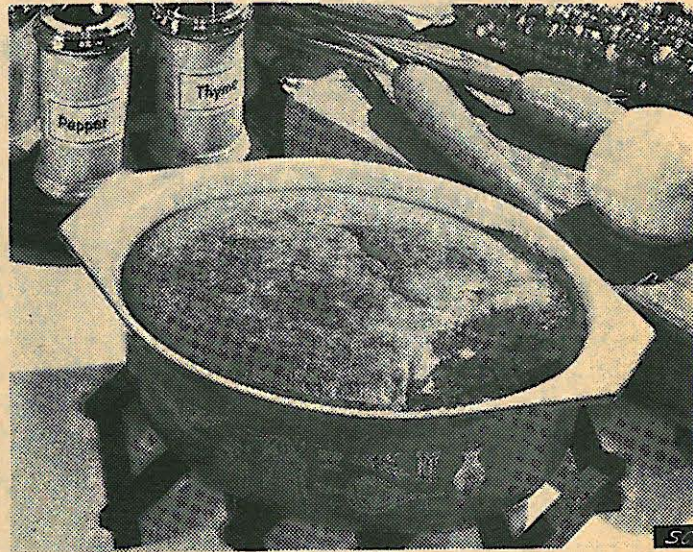
E. B. McKenzie, Your Telephone Manager in Alpine El Cajon, Lakeside, and Santee Areas





BLACKTOP IS SPREAD ON TAVERN ROAD MONDAY. THE CREWS HOPE TO HAVE JOB COMPLETED BY WEDNESDAY. (Staff Photo)

Autumn Harvest Dinner



Nature's favorite fall color, the harvest gold of leaves, vegetables and grains, is reflected in many foods of the season. The delicately browned corn meal topping of Golden Harvest Casserole combines especially well with the expertly seasoned ground beef-vegetable filling. A can of condensed potato soup adds moisture to the filling and also introduces another vegetable. The nutrients provided by the enriched corn meal, meat and vegetables are vital to adults and children alike.

GOLDEN HARVEST CASSEROLE

Makes 6 servings

Beef-Vegetable Base:

1 lb. ground beef
 1/2 cup diced cooked carrots
 1/2 cup drained whole kernel corn
 1/4 cup chopped onion
 One 10 1/2-oz. can condensed cream of potato soup
 1/2 teaspoon salt
 1/4 teaspoon pepper
 1/4 teaspoon thyme

Corn Bread Topping:

1/2 cup enriched corn meal
 1/2 cup sifted all-purpose flour
 2 tablespoons sugar
 2 teaspoons baking powder
 1/4 teaspoon salt
 1 egg
 1/2 cup milk
 2 tablespoons shortening

Brown ground beef in large fry pan. Add carrots, corn, onion, soup, salt, pepper and thyme. Heat thoroughly. Place in 1 1/2-qt. casserole.

Sift together corn meal, flour, sugar, baking powder and salt. Add egg, milk and shortening. Beat with rotary beater until smooth, about 1 minute. Pour corn bread batter over hot ground beef-vegetable mixture. Bake in preheated hot oven (425° F.) 25 to 30 minutes.

TOWN and COUNTRY NEWS

Established October 10, 1958

445-3133

P.O. Box 173, El Cajon

P.O. Box 8, Alpine

PUBLISHER: Ronald Van Til

EDITOR: Edith Van Til

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Member of Alpine Chamber of Commerce



SUBSCRIPTION RATES:
 Single copy 10¢
 Per year, \$3

Entered as second class matter at:
 Alpine, California 92001

All Around Alpine

It was such a pleasure to have Rick Sockwell, home on leave, help us out in our mailing of the paper. He had some very interesting comments concerning the war in Viet Nam. We always find that the boys who have come back from over there have a different view from those of us here at home. Rick has five more months to serve and is awaiting orders.

Harold Johnson just came back from a two-week fishing and hunting trip at Sommes Bar. His companion was Ted Keeler, a friend. The country was too rough for deer but they enjoyed catching a few trout. Harold caught the biggest steelhead that was ever caught in that area.

The Hems on Victoria are having as visitors for a month, Mr. and Mrs. H.W. Hem Sr. from Toledo, Ohio.

Shirley Widmer is a newcomer to Alpine. She is also a newcomer to oil paints. However, patrons of the library are viewing her work and enjoying it very much. She is the local artist who is exhibiting her work at the library this month.

Shirley and her husband, Lee have four children, David 11, Dale 8, Susan 6 and Donald 3. All of the family enjoys Alpine.

Marie Kramer has left for a week to help out her relatives in Arizona. There is a new baby in the family and she is needed there. That is one thing about Marie — she is always where she is needed, and we know the family appreciates her help at this time.

Clyde Gillies and his wife have rented their home to Mr. Bunnell and will not be coming to Alpine as much as they have in the past. They will be missed but we know they will be back occasionally.

Hazel Foster and Jean Danzell kept our Telephone Co. manager busy at the C of C dinner last Saturday. They found him a very charming man, as we all did and we are all looking forward to his appearance at the next Chamber of Commerce membership meeting. Oh, he is Scott McKenzie.

A wonderful party was given by the board of directors of the San



RON FULLER, PERSONAL ASSISTANT TO HENRY BONEY, SUPERVISOR FOR THIS DISTRICT, MEETS DR. ROBERT BURAK, NEW

C OF C PRESIDENT. HENRY BONEY ON THE LEFT LOOKS ON WITH PAUL CLAY, SUPERINTENDENT OF SCHOOLS. (Staff Photo)



COUNTY MAINTENANCE CREWS PREPARE THE BLACKTOP FOR VICTORIA DR. (Staff Photo)

NOTICE TO CREDITORS

No. 83466

ESTATE OF ANDREW B. JARVIS, also known as ANDREW BAXTER JARVIS, Deceased.

Notice is hereby given by W. E. THACKER, Public Administrator, as the Administrator of the above entitled estate, to the creditors of, and all persons having claims against the said decedent, that within six months after the first publication of this notice, they either file them with the necessary vouchers in the office of the Clerk of the Superior Court of the State of California, in and for the County of San Diego, or present them with the necessary vouchers to the said Administrator at his place of business, 5555 Overland Avenue, Bldg. 6, San Diego, California 92123.

Signed: W. E. THACKER
 Administrator of the Estate of the above named decedent.

BERTRAM McLEES, JR., COUNTY COUNSEL
 BY DUANE J. CARNES, Deputy.
 Attorneys for said Administrator.
 Town and Country News
 Sept. 29, Oct. 6, 13, 20, 1966

JOHN STULL

TO BE IN ALPINE

John Stull, candidate for Assembly, will join Louis Landt in a tour of the Alpine area today, Thursday. Landt is area chairman for the Stull campaign.

Beginning at 8 a.m. they will meet businessmen and residents of the Alpine area and conclude with a coffee at the home of Mrs. F. A. Hohenschelt. Stull said he is looking forward to meeting more Alpine residents since he wants to represent them in the best manner possible.

RECEIVED LATE:

WANTED: Baby sitter for Y Wives. 9:30 a.m. to 12, every Thursday at Youth Center. Call 445-2810.

WEATHER

High 84 Ave. High 77
 Low 52 Ave. Low 52
 No rain for period
 Rain 1.03

JEWELER — WATCHMAKER
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Watch Sick? See Pick!

LOUIS PICK

PHONE 445-2717 2445 Hwy. 80 Alpine



GUEST EDITORIAL

Christian Science Monitor Hits 'CLEAN' Amendment

Dear Editor:

Recently I had the occasion of making a tour of the East County. I would like to compliment the fine citizens of this community for the patriotism and love of country shown by the displaying of the American flag. Never before have I seen so many flags displayed in a community of this size.

Most flags were displayed properly and in a respectful manner however, I did witness several flags that were displayed in bad taste or were soiled and tattered.

For those citizens who are interested in knowing the history of our flag; where, when, and how to display it; and how to respect it, I have an excellent booklet which can be obtained, free of charge by stopping by my office at 354 N. Magnolia Ave., El Cajon, Calif. or calling 444-5794.

Sincerely yours,
M. A. (Mike) Hawkes
SSGT USMC
Marine Recruiter

To the Editor,

It wasn't a rumor nor a dream walking last Friday, when I was approached by an officer of San Diego County Animal Regulation. The officer informed me of a "Beige Brown Great Dane foaming at the mouth, reported to be heading East."

To my inquiry of what to do, he replied, "if the dog is foaming at the mouth and acting strangely shoot it."

Is it wrong to react with concern for your neighbors in Alpine, especially those with children and pets? I saw no reason to keep such information a secret and passed it on as it was related to me.

Are citizens to wait until someone is bitten or attacked before we can talk about it? Later we read of a dog and man being bitten by a skunk in our area.

I am a nurse and well aware of the pain and discomfort of the treatment people suffer through when rabies is proven. To be alert and on guard during this season is not silly panic.

I strongly resent the implication through the editor's story that I was instrumental in spreading rumors. Please continue with your writings to keep us all informed but do give more support and serious thought to the words of our officials who are only trying to do their job.

California has one of the worst obscene literature problems in America. It is natural that concerned citizens want to do something about it. Proposition 16 on the November ballot, known as the California Law on Obscenity, or the so-called CLEAN amendment, attacks the problem. Polls show that it has overwhelming popular support.

The question is, however, whether the amendment is likely to do more harm than good? In the long run, will it help or hinder efforts to root out hard-core pornography? Will it enhance or limit the appeal of pornographic material?

A number of responsible and informed Californians have serious doubts about Proposition 16. They are convinced that the state Supreme Court will almost certainly find it unconstitutional, even as it did Propositions 14 and 15. They consider it a "shotgun approach to pornography."

A reading of the amendment points up its weaknesses and dangers. It would permit a law enforcement officer to seize on the spot any material he considers obscene.

If a citizen complains against a publication and the prosecuting attorney refuses to act, the latter could be sued and, possibly, dismissed from office.

Judges could not dismiss obscenity proceedings "if reasonable men could differ as to whether the material is obscene." A judge could not remit or reduce the fine fixed by the jury "unless he spreads his reasons for so doing on the minutes of the court."

Sincerely,
F. Dickens R. N.
Ruth Wilke

EDITOR'S NOTE: If the writers of this letter will check last week's story, they will see that no particular person was accused of spreading rumors. Also, if they will check with the officer whom they mention, they will find that he told them that there had been a "Report" of such a dog — no officer saw any dog such as was described.

When speaking with the officer in question, he did ask that those who own dogs please obey the leash law. Dogs are not allowed to run loose — licensed or not — even though this is the country. He felt that there would be a great deal less trouble concerning situations such as these if owners would see to it that their pets were not only licensed and vaccinated, but confined, as the law states.

It would wipe out the United States Supreme Court's "redeeming social significance" test for determining obscenity.

If the publication were distributed where minors might get hold of it, the jury would have to judge its appeal with reference to minors rather than adults.

These may not seem so startling at first glance. But the vague wording and far-reaching provisions could open the way for vigilante action, censorship, and harassment of publishers of legitimate works.

The amendment would appear to infringe upon the prerogatives of all three branches of state government, deprive the individual of liberty, without due process of law, and violate the first amendment freedoms of speech and press and the fourth amendment guarantee against unreasonable searches and seizures.

As strongly as we believe that obscenity should be brought under more effective controls, we cannot lend support to a measure that tramples the individual's constitutionally guaranteed rights in order to accomplish its objective. We question a measure that could, according to the Northern California-Nevada Council of Churches, even be used to ban the Bible.

We trust that citizens who rightly wish to protect children from exposure to obscene literature will in the end come up with an effective, yet responsible, measure.

—Christian Science Monitor.



H. BAILEY GALLISON

Appointment of H. Bailey Gallison, advertising manager of the San Diego division of Security First National Bank as business chairman of the 50th Annual Christmas Seal Campaign was just announced jointly by Mark W. Kerby, Alpine area chairman and Dr. Karl Sturckow, Lakeside area chairman of the Tuberculosis and Health Association of San Diego County.

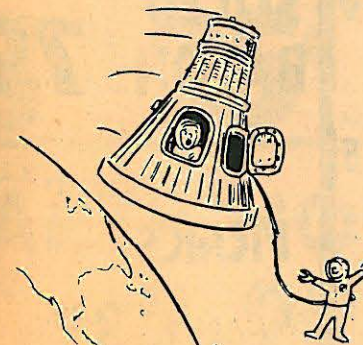
The campaign, conducted almost entirely by mail, will open Nov. 15.

Gallison is a graduate of the University of Missouri and was executive manager of the La Jolla Town Council for 10 years before joining the bank as community relations manager in 1963.

He has been president, officer, director and fund raiser for many civic and service organizations in San Diego and La Jolla.

According to both of the chairmen, Gallison's assignment is to increase participation in the anti-tuberculosis fund raising effort on the part of business and industrial concerns.

"We feel this may be a field we have tended to overlook in the past. We are approaching business concerns because many of them are immediate beneficiaries of medical advances in the field of acute respiratory diseases, which are the major cause of time lost from work and school," Kerby and Dr. Sturckow both said.



'Hey, Munson, were you brought up in a barn?'

Save - a - Lot

Now

OPEN

ALWAYS 40% to 70% off
WHERE YOUR \$ HAVE MORE ¢

12090 WOODSIDE LAKESIDE

NOW OPEN 9 a.m. to 8 p.m. 7 days a week

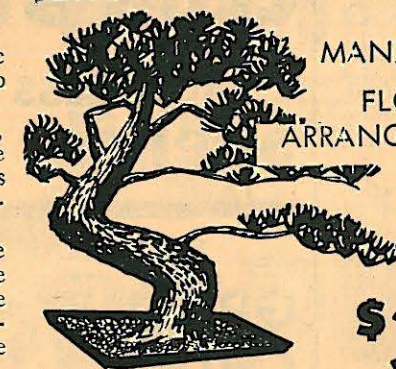
Register for Free Door Prize

Sonic Blaster

By MARTEL

4.50

Reg. \$12.75



MANZANITA
FLOWER
ARRANGEMENTS

\$3

REG. 10.99

MONSTER FUNK

MODELS

69¢

Reg. \$1.00

GREATLY REDUCED
CHRISTMAS

GAMES! Gifts

FOR EVERY MEMBER OF THE FAMILY

LARGE SELECTION
AND VARIETY

50 TO 75% OFF

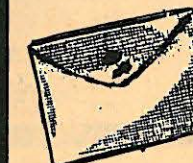
FLASHLITE BATTERIES



Reg. 20c

10¢

POCKET
**PLASTIC
RAIN
COATS**



Vinyl Plastic

Reg. 50¢

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ACREAGE WANTED
FROM 5 ACRES UP

HAVE BUYERS WAITING!!!

CONTACT
APEX REALTY
LEON SALOMON

296-6381 583-5098

**YOUR
HANDWRITING
SECRETS**

Charlie Cole



"The earth is made so various that the mind of desultory man, studious of change and pleased with novelty, might be indulged."

— Cowper.
M. E. C. (F-29-R), the writer of today's script, seems to enjoy variety and took considerable pains to write in a variety of ways for her Check Chart analysis.

It is true that most of us write differently at different times and when we are in different moods. Many people have what they call a business hand for writing business letters or business notes and an ordinary or everyday hand that they use for writing friends, relatives and notes to themselves.

It is for this reason that the analyst likes samples of writing done over a period of time, and it is also for this reason a page and a half or more of script is required to do an accurate depth analysis.

It has been found that most of us write a certain way because that fits our personality the best, and as we are human and our personality changes with our moods, it is to be expected that we will change our writing as our moods change.

M. E. C. tells us that she sometimes writes great big when she is in a big hurry, which is to be expected, as people then are anxious to cover a lot of ground in a limited amount of time; hence, by writing big they fill up the page a good deal faster.

She goes on to say that sometimes writes very small and she doesn't know why. As a rule, we write small when we concentrate on things and it is a proven fact that people who are used to concentrating and enjoy doing so will write small most of the time. The rest of us only write small when we have some particular thing we are concentrating on or

if we have a limited amount of space. For instance, writing on post cards causes us to concentrate to get all that we want on one; hence, we will write small.

M. E. C., further states that she even writes backhand at times, which indicates to the graphologist that during those times she has some fear or reluctance to go ahead, as most backhanded writers do have some fear, and that fear is either conscious or subconscious, causing them to hold back in their communications.

The bottom line of this small sample is a result of M. E. C. writing with her left hand instead of her usual right. It is obvious that this was done with considerable effort and due to the fact that she did less than a full line this shows it is not a way of writing that she enjoys and certainly from the formation of the letters it is not a way that she has spent a great deal of time on.

The rest of this lady's script indicates that she enjoys doing many things in a variety of ways and also that she has a great many interests. She has lots of imagination and enjoys a good bit of day-dreaming. Undoubtedly she is a person that enjoys creating a bit of mystery about her activities and has enough showmanship to be entertaining with her evasiveness.

What secrets does your handwriting reveal? Send ten lines or more of your writing on plain paper in ink, giving sex, approximate age and handedness (R or L) to Charlie Cole in care of either the Lakeside News, P. O. Box 343 Lakeside, or Town and Country News, P. O. Box 8, Alpine. Enclose \$1 and a self-addressed stamped envelope for your personal Check Chart.

"Big and in a (D) be small, I don't know why the word even with my left"

Towing **MotorOverhaul** Free Loan Car
\$49.50 6 cyl. \$89.50 8 cyl.
Auto. Trans. Overhaul \$49.50 10 yrs same location

NU MOTOR EXCHANGE
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EL CAJON, CALIF. 444-6300

ROD'S meats
SUPER VALUE & TRIMMED RIGHT
LOOK AT THIS

BONELESS BOTTOM ROUND OR BONELESS Rump Roast 69¢ lb

BONELESS TOP ROUND STEAK 79¢ lb

TENDER AND TASTY
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FROSTING MIXES SWELL 12 oz. CAN 29¢

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CARROTS 1-lb. cello bag 25¢

3 1-LB. CELLO BAGS 25¢

FANCY ARTICHOKES 2 lbs. 29¢

Red YAMS 2 lbs. 25¢

EGG PLANT BLACK BEAUTY 19¢ ea

the EL CAP SCENE

Everyone at school is proud as can be of the Vaquero band. As the whole world knows by now, they will be going to the Rose Parade this year as the result of winning the band contest last Saturday night.

(Editor's note: Kids, I can tell you a few people that have gone down that 1-0-n-g five miles, and a note to the wise — eat your Wheaties!)

Last week saw all sorts of contests at school, among them an egg tossing contest. Then the seniors had a tug-of-war contest against the alumni. And — guess who won — the seniors!

Friday night at the game? The alumni all played in the band. This high school is really beginning to be known for its fine bands and Benton Minor is certainly to be praised for the fine job he does — in spite of the fact that he is actually a teacher!

Oh, by the way, the theme for Homecoming Week was "What on Earth are You Doing for Heaven's Sake?"

Friday, there was an old-fashioned donut dunk held for the alumni.

The contest sponsored by the A. S. B. ended Friday, Oct. 7. The object of the contest was to see which class could have the highest percentage of A. S. B. card sales and be classified as the "most spirited class on campus." The Junior Class won and now possesses a plaque presented to their class president, Karl Krause.

Well now, any "under achievers," let's get with it and see what we can do about those grades. You wouldn't want to end up as headlines in the "El Cap Scene" would you?

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PTA MEMBERS AND TEACHERS ARE WORKING FAITHFULLY ON PROJECTS FOR DECORATIONS AT PTA COFFEE HOUSE TO BE HELD OCTOBER 29th AT 7:30 p.m. THIS TALENT SHOW IS OPEN TO ANYONE IN THE COMMUNITY.

(Staff Photo)

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MR. AND MRS. HAL RAKOWSKI AND CHIEF HARRISON ARE SHOWN PRESENTING CHECKS FOR THE RESCUE UNIT. THE KIWANIS CLUB IS DONATING \$100 AND THE KIWANIANS ARE DONATING \$50.00.

(Staff Photo)

Members Added

Adoption Services of the San Diego County has recently added staff to the Metropolitan District located at 1140 Union Street. Mrs. Jane Redwine, Chief of Adoption Services, in announcing the new appointments said that reorganization within the Agency has resulted in another unit being created to work with families wishing to adopt children.

The agency has also completed remodeling of its quarters to serve the public better. Adoption Services of San Diego County provides a complete adoption service to the community. Services are provided for parents wishing to make an adoption plan for their child, and those families wishing to adopt a child.

Miss Redwine said that although 434 children were placed by the Agency during the last fiscal year, there is currently a backlog of children available for adoption. Most of these children are healthy, happy Caucasian babies under 18 months of age. Homes are especially needed for boys in the 9-18 month age groups. There is also a need for homes for Negro children of all ages.

A telephone call to Adoption Services of San Diego County — 234-8871 — starts the adoption process.

SPLINTERS

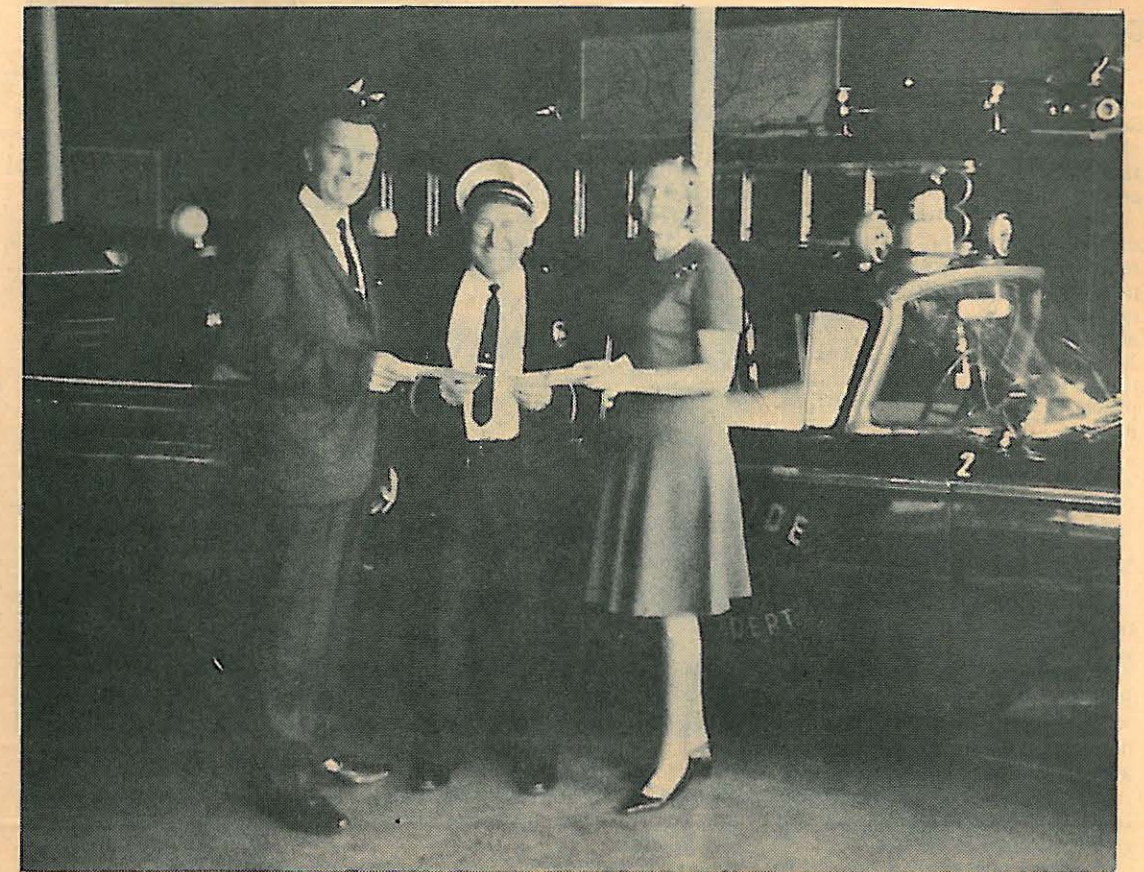
If you get tired of climbing the ladder of success just ask the fellow on the way down how he's doing.

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DAVIS TO RETIRE

A well-known figure in this area, John A. Davis, founder of Southland Savings & Loan Association has announced he will retire Jan. 1 as its board chairman and as a director.

Davis will continue a number of other activities. He is a director and executive committee member of Imperial Corp. of America, a holding company which acquired Southland Savings in 1962 and is a director of Armotek Industries Inc. which has plants in the East and in California.

His many friends in this area, wish him well in the years to come.

CITES IGNORANCE

Gov. Edmund G. Brown has said that Ronald Reagan's ignorance of state and local government affairs "appeared at first to be limited."

"But lately he has opened vast new fields of ignorance. For example, he has proposed a training program for welfare recipients that would involve private employers.

"I think it is a good idea. In fact, I thought it was a good idea three years ago when we started doing it."

ON THE BOTTOM OF THE PILE IS AN EL CAP PLAYER — AND THAT'S HOW EL CAP ENDED IN THE FINAL SCORE — ON THE BOTTOM!

(Staff Photo)



"Who said you can't drive a car that's out of oil?"

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'57 WILLYS, 4-wheel completely rebuilt; '47 Crosley; Philco automatic washer; Crosley refrigerator; coffee table. 443-6400 after 6 and weekends.

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Burns, tears, moth holes repaired. 448-1360.

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"I sold my bed the first day the ad was out. Here is another." Mrs. S. Our want ads really work!

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9080RB 6-cyl. 4-spd. R&H,
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63 INT. Metro Van 8664MB 6-cyl. 3-spd. \$995

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LAYAWAY

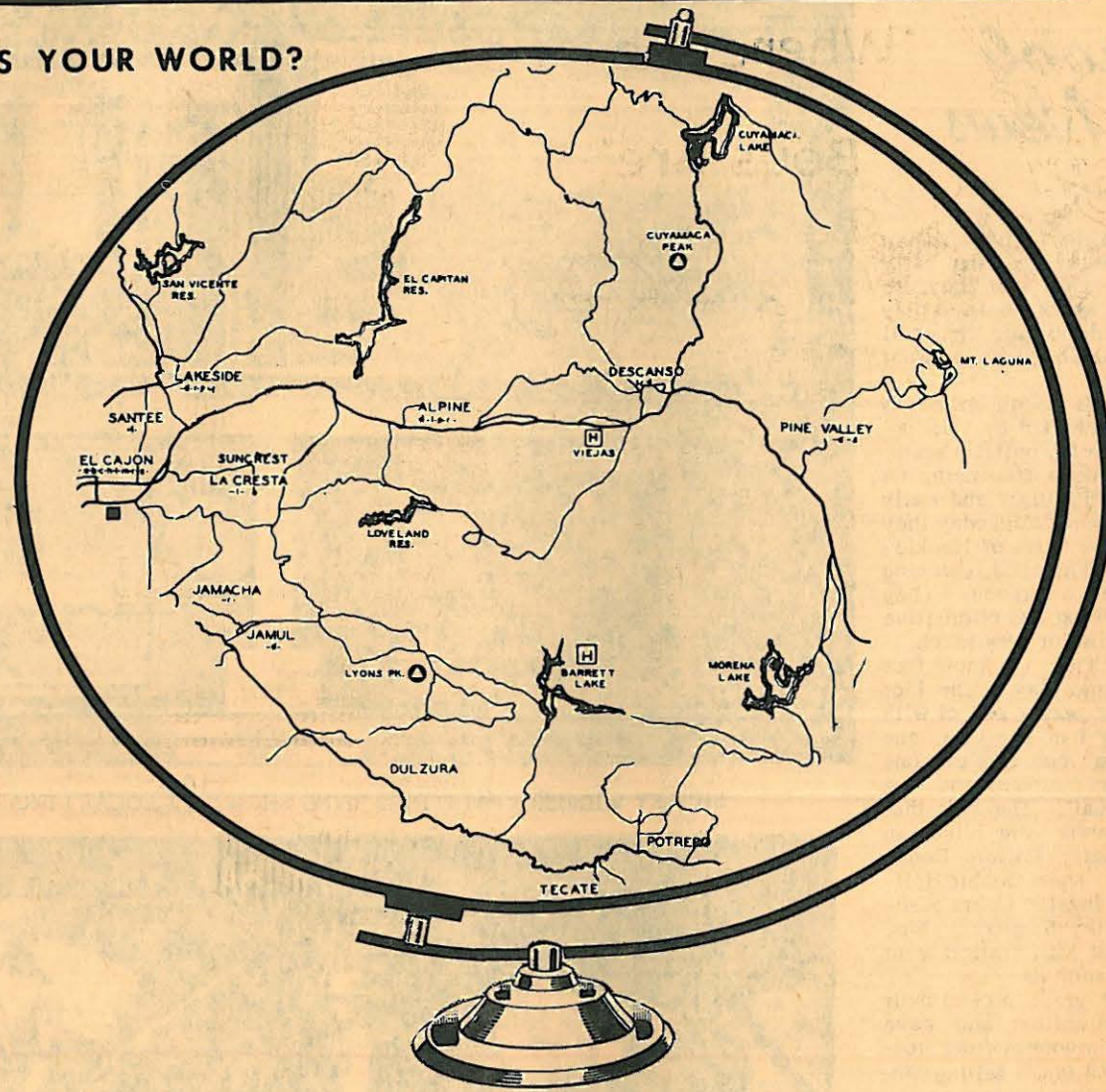
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TOWN and COUNTRY NEWS

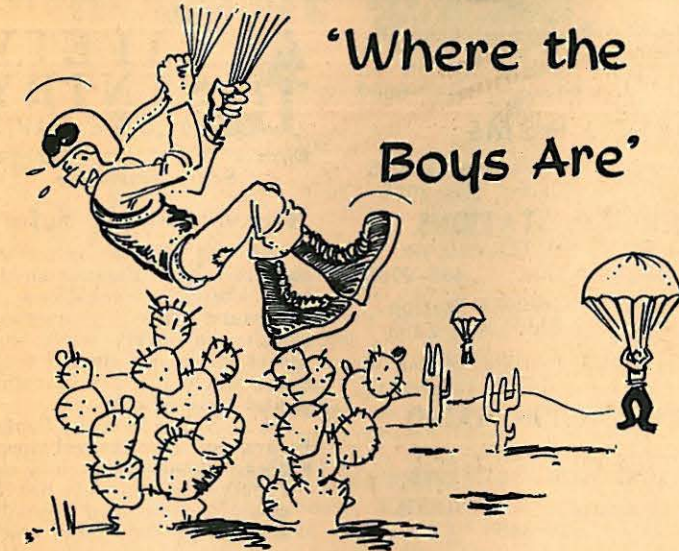
Post Office Box 8, Alpine

LAKE SIDE NEWS

Published weekly on Wednesday

Office: 9837 Maine # 4

P.O. Box 343 • Lakeside, California 92040



Visiting Mr. and Mrs. Charles Jarman on Wednesday, October 12th was JIMMY WILCOX who is home on leave from the Army. Jimmy will be stationed at White Sands, New Mexico after his leave is over.

JACK VEACH, son of Mr. and Mrs. Robert Veach has just finished basic training at NTC, San Diego and expects to be stationed at Pensacola, Florida.

FRED KUHNER, son of Mr. and Mrs. W.R. Kuhner, has gone on active duty with the Navy. Fred and his wife have moved to an apartment in El Cajon.

RONALD VAN HORN, nephew of Mrs. Cecil L. Williams is in Viet Nam with the Air Force.

PFC CHARLES HASKELL, brother of Mrs. Odis Owens of Lakeside, is now in Korea. He hopes to be home for the Christmas holidays.

We heard again last week from one of our "Boys" just how much the news from home means to them. Especially do they enjoy reading this column and finding out where their various friends are stationed. Now, they can't do that unless you — their friends and relatives — tell us where they are. We are glad to print anything and everything that we can get about our servicemen. This column gets priority and nothing will ever be left out. All we need is YOUR cooperation. The young man turned to this column in the paper and said, "This is the best thing in your paper!" Won't you help us make this column "the best thing in the paper" every week by sending in news of your serviceman for the large group of boys who receive this paper weekly. Just call 445-3133 or 443-3839.



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El Cajon - Santee area

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11964 Woodside 448-7667

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& Folk Arts
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BEAUTY CULTURE

PENNY'S BEAUTY SHOP
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BARNEY'S CLEANER'S
DRIVE-IN
12154 Woodside Ave. 443-3332

COCKTAIL LOUNGES

LAKESIDE HOTEL
9940 River 443-1372

CONTRACTORS,

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12315 Mapleview 443-3724

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DRUG STORES

Leo's Lakeside PHARMACY
9943 Maine 443-1013

WOODSIDE REXALL DRUG
12108 Woodside 448-1423

DISPOSAL SERVICE

Hardy's DISPOSAL SERVICE
443-6683

FLORISTS

FLOWERS BY LAKESIDE
9934 Maine 443-1066

GROCERS

BARKER MARKET
9927 Maine 443-1321
FRUIT BARN
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MUSIC

GRAYSON MUSIC
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PET SHOP

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9840 Channel 443-2471

NEWSPAPERS

LAKESIDE NEWS
9837 Maine 443-3839

OPTOMETRISTS

S. Sloan, OPTOMETRIST
9820 Maine 443-1075

REAL ESTATE

ANDERSON REALTY
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LAURIER REALTY
12150 Woodside 448-8441

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CECIL'S RESTAURANT
Woodside 443-1554
LUCY'S CAFE
9930 Maine 443-2326

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SAM'S PIZZA HOUSE
12244 Woodside 443-3339

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THE
**SAFETY
SENTRY**
BY JANE DAVIS
Director of Consumer Services
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Back-To-School Safety

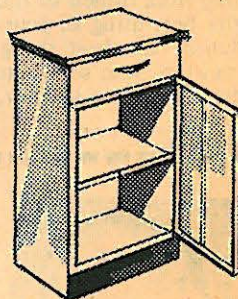
Children will soon be heading back to school. Parents should take certain precautions to safeguard their youngsters' health and safety while they are at school and during those hours when they are traveling to and from school.

As an aid to parents, Sentry Insurance offers several tips:

- Make certain each child has received a complete health examination and booster shots to prevent polio, small-pox, diphtheria, whooping cough and tetanus.
- Children riding bicycles to school should be drilled in all the rules of the road. In addition, their bikes must be in top mechanical condition. A basket or carrier should be standard equipment to carry books and lunches.
- Your youngster should be taught to accept the authority and obey those people hired to protect him—his teachers, the crossing guard, the driver of the school bus.
- Warn school children never, never to accept a ride from a stranger. Hitchhiking should be explicitly forbidden.

Always remember that the responsibility for a child's safety ultimately rests with his parents. Make certain your youngsters' school days are "good old golden rule days."

WADE CABINET SHOP



CABINETS

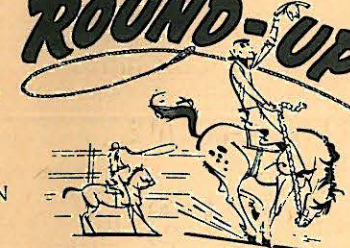
12315 Mapleview
LAKESIDE

443-3724

REAL ESTATE ROUND-UP



WHERE
THE
ACTION
IS



The LAURIER REALTY is once again in on the action. They handled the sale of the home at 9257 Carita Rd., Santee which was purchased by Mr. and Mrs. William Hassard. The escrow was handled by the Security First National Bank of Lakeside, according to LAURIER REALTY.

APEX REALTY of San Diego has been doing a lot of business in the East County. They recently sold 20 acres in Boulevard; also Hodes Ranch, 455 acres in Boulevard to Scott Campbell. Another sale made by APEX REALTY was the lot below the Alpine Convalescent Home. Escrow recently closed on that property and it was sold to Dr. Arvin Klein. Dr. Klein has considered various plans for this Alpine property.

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Y'all Come See 'Rod & Bill'

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with exciting flavor of the
Islands in every sip.

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GALLONS**
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DON'T FORGET THE TREATS!

G & M Liquor
The Family Store With Community Spirit
and Spirits For The Community
OPEN 6 AM
CORNER WOODSIDE & WINTERGARDENS BLVD.

SELF ANALYSIS QUIZ

Are You A Good Estimator?

By Jane Sherrod Singer

In some instances below you'll no doubt know the answer. But in others you'll have to estimate, or probably guess. A score of 15 estimated correctly is an "estimable" one.

- The length of a robin is:
(a) ten inches
(b) eight inches
(c) six inches
- In three years an oak tree grows nearest:
(a) six feet
(b) three feet
(c) ten inches
- It takes more heat to melt some substances. Platinum melts at about:
(a) 3,080 degrees
(b) 951 degrees
(c) 156 degrees
- The strength of an average horse is about that of:
(a) ten men
(b) five men
(c) three men
- The average walking velocity of a man is:
(a) one mile per hour
(b) three miles per hour
(c) nine miles per hour
- Three large teacups of granulated sugar weigh about:
(a) two pounds
(b) three pounds
(c) one and one-half pounds
- The number of pores in a square inch of human skin has been estimated at:
(a) 460
(b) 1,400
(c) 3,500
- Hawks fly about:
(a) 90 miles per hour
(b) 45 miles per hour
(c) 150 miles per hour
- Ice will usually support a man when its thickness is:
(a) six inches
(b) two inches
(c) one inch
- The report of a rifle on a still day can be heard at more than:
(a) 2,500 yards
(b) 680 yards
(c) 5,300 yards
- The length of an ordinary match is about
(a) one and 1/2 inches
(b) two and 1/8 inches
(c) three and 2/5 inches
- A box 24 by 28 by 16 (inches) will hold:
(a) 5 bushels
(b) 8 bushels
(c) 1 1/2 pecks
- The area of Nova Scotia is nearest:
(a) 20,000 sq. miles
(b) 14,000 sq. miles
(c) 50,000 sq. miles
- 1,000 feet of white pine (dry) weighs nearest:
(a) 25,000 pounds
(b) 3,000 pounds
(c) 700 pounds
- The number of words in the Bible is nearest:
(a) 800,000
(b) 3,000
(c) 25,000
- In 1962 the population of Tokyo was nearest:
(a) 10,000,000
(b) 9,000,000
(c) 8,500,000
- The length of the Great Wall of China is nearest:
(a) 1,500 miles
(b) 870 miles
(c) 240 miles
- In the first second of its descent a body falls:
(a) 10 inches
(b) 3 feet
(c) 16 feet
- The official Alaska time with relation to Greenwich time is:
(a) five hours faster
(b) 2 hours slower
(c) 10 hours slower
- The actual number of languages computed by officers of the French Academy is put at:
(a) 987
(b) 1,764
(c) 2,796

(ANSWERS)

- | | |
|-------|--------|
| 1 (a) | 11 (b) |
| 2 (b) | 12 (a) |

Resident

- | | |
|--------|--------|
| 3 (a) | 13 (a) |
| 4 (b) | 14 (b) |
| 5 (b) | 15 (a) |
| 6 (c) | 16 (a) |
| 7 (c) | 17 (a) |
| 8 (c) | 18 (c) |
| 9 (b) | 19 (c) |
| 10 (c) | 20 (c) |

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